

BOND PARK TOTAL LIFE CENTER

August 2018

Theme: Summer Fun

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	30	31	1	2	3	4
A			Music w/ Wade	Assorted Activities	Visit w/ Bari 10AM	Saturday Daybreak at Bond Park
B			Sequence	Bingo	Pet Therapy	
C			Active Game	Active Game	Active Game	
D			Reminisce	Reminisce	Reminisce	
	6	7	8	9	10	11
A	Physical Games	Visit w/ Bari	Pastor/Museum Visit	Assorted Games	Visit w/ Bari 10AM	Saturday Daybreak at Departure Drive
B	Health Talk	Active Game	Sequence	Bingo	Music w/ Kyle	
C	Game Time	Chair Yoga	Active Game	Active Game	Active Game	
D	Reminisce	Reminisce	Reminisce	Reminisce	Game Time	
	13	14	15	16	17	18
A	Assorted Activities	Physical Games	Music w/ Wade	Group Games	Assorted Activities	Saturday Daybreak at Bond Park
B	Active Game	Game Time	Sequence	Bingo	Active Game	
C	Game Time	Chair Yoga	Active Game	Active Game	Chair Yoga	
D	Reminisce	Reminisce	Reminisce	Reminisce	Reminisce	
	20	21	22	23	24	25
A	Music w/ Ruel	Relias	Split Activities	Split Games	Music w/ Kyle	Saturday Daybreak at Departure Drive
B	Health Talk	Visit w/ Bari 10AM	Sequence	Bingo	Music w/ Donald	
C	Game Time	Chair Yoga	Active Game	Active Game	Chair Yoga	
D	Reminisce	Reminisce	Reminisce	Reminisce	Reminisce	
	27	28	29	30	31	1
A	Split Games	Visit w/ Bari 10AM	Music w/ Patti	Split Activities	Visit w/ Bari 10AM	Saturday Daybreak at Bond Park
B	Active Game	Active Game	Sequence	Bingo	Magician	
C	Game Time	Chair Yoga	Active Game	Active Game	Active Game	
D	Reminisce	Reminisce	Reminisce	Reminisce	Reminisce	

DAILY SCHEDULE

7:00-9:30 Breakfast/Coffee Talk
 9:30-10:00 Current Events
 10:00-10:30 Morning Exercise
 10:30-11:30 See Calendar **(A)**
 11:30-12:00 Life Skills
 12:00-1:00 Lunch
 1:00-1:45 Relaxation/Social

1:45-2:15 Afternoon Exercise
 2:15-3:15 See Calendar **(B)**
 3:15-3:30 Snack
 3:30-4:00 Life Skills
 4:00-4:30 See Calendar **(C)**
 4:30-5:00 See Calendar **(D)**
 5:00-6:00 Social Time



Open Monday-Friday 8:00am-5:00pm
 Center Program Director: Joan Kelly
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 www.totallifecenters.org