

BOND PARK TOTAL LIFE CENTER

January

Theme: Celebration

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	31	1	2	3	4	5
A		CLOSED for NEW YEARS' HOLIDAY	Activity w/ Leeneka	Activity w/ Terry	Music w/ Kyle	Saturday Daybreak at Departure Drive
B			Sequence	Bingo	Activity w/ Lisa	
C			Game Time	Physical Game	Active Game	
D			Reminisce	Reminisce	Reminisce	
	7	8	9	10	11	12
A	Activity w/ Leeneka	Crafting w/ Lisa	Activity w/ Terry	Activity w/ Leeneka	Activity w/ Lisa	Saturday Daybreak at Bond Park
B	Health Talk	Activity w/ Leeneka	Sequence	Bingo	Activity w/ Terry	
C	Game Time	Game Time	Game Time	Game Time	Game Time	
D	Reminisce	Reminisce	Reminisce	Reminisce	Reminisce	
	14	15	16	17	18	19
A	Activity w/ Lisa	Activity w/ Leeneka	Activity w/ Terry	Activity w/ Lisa	Activity w/ Terry	Saturday Daybreak at Departure Drive
B	Activity w/ Terry	Health Talk	Sequence	Bingo	Activity w/ Lisa	
C	Game Time	Game Time	Game Time	Game Time	Game Time	
D	Reminisce	Reminisce	Reminisce	Reminisce	Reminisce	
	21	22	23	24	25	26
A	CLOSED for MLK Jr. DAY	Activity w/ Terry	Activity w/ Leeneka	Activity w/ Lisa	Activity w/ Terry	Saturday Daybreak at Bond Park
B		Activity w/ Lisa	Sequence	Bingo	Activity w/ Leeneka	
C		Game Time	Game Time	Game Time	Game Time	
D		Reminisce	Reminisce	Reminisce	Reminisce	
	28	29	30	31	1	2
A	Activity w/ Leeneka	Activity w/ Terry	Music w/ Patti	Movie		Saturday Daybreak at Departure Drive
B	Activity w/ Terry	Activity w/ Lisa	Sequence	Day		
C	Game Time	Game Time	Game Time	Reminisce		
D	Reminisce	Reminisce	Reminisce	Reminisce		

DAILY SCHEDULE

7:00-9:30 Breakfast/Coffee Talk
 9:30-10:00 Current Events
 10:00-10:30 Morning Exercise
 10:30-11:30 See Calendar **(A)**
 11:30-12:00 Life Skills
 12:00-1:00 Lunch
 1:00-1:45 Relaxation/Social

1:45-2:15 Afternoon Exercise
 2:15-3:15 See Calendar **(B)**
 3:15-3:30 Snack
 3:30-4:00 Life Skills
 4:00-4:30 See Calendar **(C)**
 4:30-5:00 See Calendar **(D)**
 5:00-6:00 Social Time



Open Monday-Friday 8:00am-5:00pm
 Center Program Director: Fredricia Phelps
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