

BOND PARK TOTAL LIFE CENTER

March

Theme: Green

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	25	26	27	28	1	2
A					Music w/ Kyle	Saturday Daybreak at Departure Drive
B					Pet therapy	
C					Game	
D					Reminisce	
	4	5	6	7	8	9
A	St. Michaels	Health Talk & Activity w/ Lisa	Activity w/ Leeneka	Music w/ Helen	Activity w/ Terry	Saturday Daybreak at Bond Park
B	Clown 1:30	Activity w/ Priscilla	Sequence	Activity w/ Leeneka	Activity w/ Lisa	
C	Game	Game	Game	Bingo	Game	
D	Reminisce	Reminisce	Reminisce	Piano	Reminisce	
	11	12	13	14	15	16
A	Activity w/ Priscilla	Cardinal Gibbons	Pastor Mike	Museum Visit	Music w/ Kyle	Saturday Daybreak at Departure Drive
B	Activity w/ Lisa	Activity w/ Terry	Sequence	Activity w/ Leeneka	Activity w/ Priscilla	
C	Game	Game	Game	Ukelele Music	Game	
D	Reminisce	Reminisce	Reminisce	Ukelele	Reminisce	
	18	19	20	21	22	23
A	Music w/ Ruel	Activity w/ Lisa	Activity w/ Leeneka	Health Talk & Activity w/ Lisa	CLOSED	Saturday Daybreak at Bond Park
B	Activity w/ Terry	Activity w/ Priscilla	Sequence	Activity w/ Leeneka	FOR	
C	Game	Game	Game	Bingo	STAFF	
D	Reminisce	Reminisce	Reminisce	Piano	TRAINING	
	25	26	27	28	29	30
A	Activity w/ Priscilla	Activity w/ Terry	Activity w/ Leeneka	Mt. Vernon	Music w/ Kyle	Saturday Daybreak at Departure Drive
B	Activity w/ Lisa	Activity w/ Leeneka	Sequence	Activity w/ Terry	Donald Escobar	
C	Game	Game	Game	Bingo	Game	
D	Reminisce	Reminisce	Reminisce	Piano	Reminisce	

DAILY SCHEDULE

7:00-9:30 Breakfast/Coffee Talk
 9:30-10:00 Current Events
 10:00-10:30 Morning Exercise
 10:30-11:30 See Calendar **(A)**
 11:30-12:00 Life Skills
 12:00-1:00 Lunch
 1:00-1:45 Relaxation/Social

1:45-2:15 Afternoon Exercise
 2:15-3:15 See Calendar **(B)**
 3:15-3:30 Snack
 3:30-4:00 Life Skills
 4:00-4:30 See Calendar **(C)**
 4:30-5:00 See Calendar **(D)**
 5:00-6:00 Social Time



Open Monday-Friday 8:00am-5:00pm
 Center Program Director: Fredricia Phelps
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