

# BOND PARK TOTAL LIFE CENTER

## October 2017

Theme: Fall Harvest

|   | MONDAY              | TUESDAY          | WEDNESDAY                  | THURSDAY         | FRIDAY                              | SDB                                  |
|---|---------------------|------------------|----------------------------|------------------|-------------------------------------|--------------------------------------|
|   | 2                   | 3                | 4                          | 5                | 6                                   | 7                                    |
| A | Assorted Activities | Cardinal Gibbons | Spilt Games                | Assorted Games   | Music w/ Kyle                       | Saturday Daybreak at Bond Park       |
| B | Active Game         | Basketball       | Sequence                   | Bingo            | Music w/ Melina                     |                                      |
| C | Active Game         | Game Time        | Active Game                | Active Game      | Active Game                         |                                      |
| D | Reminisce           | BLURT!           | Taboo                      | Scattergories    | Geo of States                       |                                      |
|   | 9                   | 10               | 11                         | 12               | 13                                  | 14                                   |
| A | Split Games         | Group Activities | Pastor 9:30-10:00          | Mt. Vernon       | Split Groups/Caregiver Appreciation | Saturday Daybreak at Departure Drive |
| B | Active Game         | Active Game      | Arts & Crafts              | Bingo            | Active Game                         |                                      |
| C | Game Time           | Kickball         | Sequence                   | Active Game      | Melina 4:00                         |                                      |
| D | Carmen San Diego    | Trivia           | Game Time                  | Riddle Time      | Flashcards                          |                                      |
|   | 16                  | 17               | 18                         | 19               | 20                                  | 21                                   |
| A | Kirktones           | Relias Group     | Arts & Crafts              | Split Groups     | CLOSED                              | Saturday Daybreak at Bond Park       |
| B | Active Game         | Active Game      | Sequence                   | Bingo            | FOR                                 |                                      |
| C | Game Time           | Game Time        | Active Game                | Active Game      | STAFF                               |                                      |
| D | Jeopardy            | Name that Tune   | Reminisce                  | Trivia           | TRAINING                            |                                      |
|   | 23                  | 24               | 25                         | 26               | 27                                  | 28                                   |
| A | Music w/ Larry      | Cardinal Gibbons | Arts & Crafts/Music Groups | Cardinal Singers | Split Groups/ Music w/ Kyle         | Saturday Daybreak at Departure Drive |
| B | Craft w/ Lisa       | Active Game      | AARP                       | Bingo            | Charles the Magician                |                                      |
| C | Game Time           | Bean Bag Toss    | Active Game                | Active Game      | Active Game                         |                                      |
| D | Story Time          | Don't Quote Me   | Trivia                     | Hear Me Out      | True or False                       |                                      |
|   | 30                  | 31               | 1                          | 2                | 3                                   | 4                                    |
| A | Split Games         | Group Activities |                            |                  |                                     |                                      |
| B | Craft w/ Terry      | Sequence         |                            |                  |                                     |                                      |
| C | Active Game         | Active Game      |                            |                  |                                     |                                      |
| D | Trivia              | Reminisce        |                            |                  |                                     |                                      |

### DAILY SCHEDULE

7:00-9:30 Breakfast/Coffee Talk  
 9:30-10:00 Current Events  
 10:00-10:30 Morning Exercise  
 10:30-11:30 See Calendar (A)  
 11:30-12:00 Life Skills  
 12:00-1:00 Lunch  
 1:00-1:45 Relaxation/Social

1:45-2:15 Afternoon Exercise  
 2:15-3:15 See Calendar (B)  
 3:15-3:30 Snack  
 3:30-4:00 Life Skills  
 4:00-4:30 See Calendar (C)  
 4:30-5:00 See Calendar (D)  
 5:00-6:00 Social Time



Open Monday-Friday 8:00am-5:00pm  
 Center Program Director: Joan Kelly  
 120 Maury O'Dell Place, Cary, NC 27513 bondparktlc@rfsnc.org  
 www.totallifecenters.org