

BOND PARK TOTAL LIFE CENTER

October

Theme: I BELIEVE IN YOU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	30	1	2	3	4	5
A		Clyde (Music)	Pat(Yoga)	Health Talk (BK)	Pin the Leaf (PH)	Saturday Daybreak at Bond Park
B		Golf (EH)	Sequence	BINGO	Maureen (Music)	
C		Trivia (TP)	Basketball (TP)	Bean Bag Toss (PH)	Malina (Pet Therapy)	
D		Magazine (PH)	Hi or Low (EH)	Wheel of Fortune (TP)	Price is Right (TP)	
	7	8	9	10	11	12
A	Mediation (SG)	Clyde (Music)	Pastor Mike/Pat	Horsrace (TP)	Kyle (Music)	Saturday Daybreak at Departure Drive
B	Family Feud (PH)	Washer Toss (PH)	Sequence	BINGO	CornHole (EH)	
C	Balloon Volley (EH)	Anagram (TP)	Bowling (PH)	Paruchute (EH)	Scramble (PH)	
D	Pumpkin Toss (TP)	Crossword Puzzle(EH)	The Price Is Right (TP)	Trivia (PH)	Trivia (TP)	
	14	15	16	17	18	19
A	Marble Roll(SG)	Cardinal Gibbons	Pat(Yoga)	Mt. Vernon	Health Talk (BK)	Saturday Daybreak at Bond Park
B	Fall Craft (TP)	Match Game (EH)	Sequence	Museum	Maureen (Music)	
C	Ping Pong (EH)	Bowling(TP)	What's My Line (PH)	BINGO	Tic Tac Toss(TP)	
D	Deal or No Deal (PH)	Magazine (PH)	Chicken Soup for the Soul (TP)	Riddle TimeTP)	Matching Game (EH)	
	21	22	23	24	25	26
A	Ruel (Music)	Clyde (Music)	Pat(Yoga)	Cardinal Singers	Kyle (Music)	Saturday Daybreak at Departure Drive
B	Leaf Painting (PH)	Pine Cone Craft (EH)	Sequence	BINGO	Donald (Music)	
C	Soccer (EH)	Table Games (PH)	Baseball Toss(EH)	Map Puzzle (PH)	Walk in the Park	
D	Trivia (PH)	Ring Toss (EH)	Hear Me Out (PH)	Kickball (EH)	ZINGO (EH)	
	28	29	30	31	1	2
A	Bell Choir(SG&TP)	Pumkin Craft (PH)	Pat(Yoga)	Map Puzzle (PH)		
B	GOLF (EH)	ZINGO (TP)	Sequence	BINGO		
C	Chicken Soup for the Soul (TP)	Bowling(EH)	Scramble (PH)	Horsrace (TP)		
D	Bean Bag Toss (PH)	Trivia (TP)	Volleyball (TP)	Free Painting (EH)		

DAILY SCHEDULE

7:00-9:30 Breakfast/Coffee Talk
 9:30-10:00 Current Events
 10:00-10:30 Morning Exercise
 10:30-11:30 See Calendar **(A)**
 11:30-12:00 Life Skills
 12:00-1:00 Lunch
 1:00-1:45 Relaxation/Social

1:45-2:15 Afternoon Exercise
 2:15-3:15 See Calendar **(B)**
 3:15-3:30 Snack
 3:30-4:00 Life Skills
 4:00-4:30 See Calendar **(C)**
 4:30-5:00 See Calendar **(D)**
 5:00-6:00 Social Time



Open Monday-Friday 8:00am-5:00pm
 Center Program Director: Joan Kelly
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