


# DEPARTURE DRIVE TOTAL LIFE CENTER

## October 2018

THEME: Beauty Of Nature

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A	1 Mosaic Art w. Kristen Scavenger Hunt w/AW	2 <b>Cardinal Gibbons High School</b> <b>Dance w/ Andrew &amp; Robin</b>	3 Fall Handprint Activity w/EH	4 Fall Leaves w/CA	5 Bake Club w/SL	6 Saturday Daybreak at Bond Park
B	Kickball w/ BC 1: act. w/ KT		Basketball w/CB Staff Meeting	Bowling w/CB 1:1 act. w/ AW	Basketball w/ CB 1:1 act. w/ BC	
C	Popsicle Stick Scarecrow/SW	Pet Magazine Hunt w/KT	Bingo w/SW	Fall Wreath wCS	Painting Pictures w/PD	
D	Mental Games w/CS	Mental Games w/CA	Mental Games w/EH	Mental Games w/AW	Mental Games w/ML	
A	8 <b>Music w/ Mr Ruell &amp; Mr.Tyron</b>	9 Share Scary Stories w/ML	10 Name That w/SL	11 Harvest Fest Before and Aftewr w/PD	12 <b>Jack O Lantern</b> <b>Windstock w/CS</b>	13 Saturday Daybreak at Departure Drive
B	Volleyball w/ PD 1:1 act. w/ KT	Basketball w/ CB 1:1 act. w/ KT	Bowling w/CB Staff Meeting	Bag Toss w/ CB 1:1 act. w/ CS	Kickball w/CB 1: act. w/ PD	
C	Scary Stories w/CA	Paper Plate Pumpkins w/EH	Bingo w/ PD	Fall Painting w/BC	Fall Leaves w/SW	
D	Mental Games w/BC	Mental Games w/SW	Mental Games w/CA	Mental Games w/PD	Mental Games w/SL	
A	15 Fall Poetry w/BC	16 <b>Cardinal Gibbons High School</b>	17 Muscial Chairs w/KT	18 <b>Hope Church w/Cathy</b>	19 <b>STAFF</b> <b>TRAINING</b> <b>DAY</b>	20 Saturday Daybreak at Bond Park
B	Kickball w/ SW 1: act. w/ KT	Bowling w/CB 1:1 act. w/ KT	Parachute w/CB Staff Meeting	Bag Toss w/ CB 1:1 act. w/ SL		
C	Fall Painting w/ML	Framing Pictures of Birds w/AW	Bingo w/CA	<b>Music by Donald &amp; Friends</b>		
D	Mental Games w/EH	Mental Games w/ML	Mental Games w/SL	Mental Games w/AW		
A	22 Spa Day w/SL	23 Fall Jeopardy w/SW	24 Paper Plate Mask w/CS	25 Fall Tree w/ML	26 <b>International</b> <b>Festival</b> Stop by to visit the country	27 Saturday Daybreak at Departure Drive
B	Parachute w/ CS 1:1 act. w/ KT	Bag Toss w/ CB 1:1 act. w/ KT	Basketball w/CB Staff Meeting	Bowling w/CB 1:1 act. w/ EH		
C	Halloween Activity w/EH	Halloween Characters w/PD	Bingo w/ML	Paint a Pumpkin w/CA	Making Ghosts w/SW	
D	Mental Games w/BC	Mental Games w/SW	Mental Games w/EH	Mental Games w/PD	Mental Games w/CA	
A	29 <b>Participant Council</b> <b>w/SR/CA</b>	30 <b>Cardinal Gibbons High School</b>	31 <b>MOVIE</b>	<b>Birthdays</b>	<b>Birthdays</b>	Saturday Daybreak at Bond Park
B	Volleyball w/ EH 1:1 act. w/ KT	Bag Toss w/ CB 1:1 act. w/ KT	<b>DAY</b>	Carl Y. - 10/03	Jessica K. 10-14	
C	Meet Tweety Bird w/AW	<b>Harvest Fest w/Staff</b>	Fall Music w/BC	Joseph E. - 10/03	Dorothy J. 10-20	
D	Mental Games w/CS	Mental Games w/EH	Mental Games w/SL	Roger M. 10-06	 Melinda W. 10-12	

### DAILY SCHEDULE

8:00-9:30 Breakfast  
9:30-10:00 Current Events  
10:00-10:30 Morning Exercise  
10:30-11:15 See Calendar (A)  
11:15-12:00 Active Game (B)  
12:00-1:00 Lunch

1:00-1:45 Individual Activities  
1:45-2:15 Afternoon Exercise  
2:15-3:00 See Calendar (C)  
3:00-3:30 Snack  
3:30-4:15 Mental Game (D)  
4:30-6:00 Social Time/Music



Open Monday-Friday 8:00am-5:00pm  
Center Program Director: Stella Ray  
5124 Departure Drive, Raleigh, NC 27616 dtlc@rfsnc.org  
www.totallifecenters.org