

EAST WAKE TOTAL LIFE CENTER

February

Theme: Happy Valentine Day

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A	28	29	30	31	1 Participant Council-DS	2 Saturday Daybreak at Departure Drive
B					Free Choice-All	
A	4 On The Road- All	5 Umbrella Craft-SS	6 Devotion	7 Health Talk	8 B.I.N.G.O	9 Saturday Daybreak at Bond Park
B	Winter Collage	Ring Toss- LB	Sock Wars-WP	Icecream Social- DS	Library Day- All	
A	11 Corn Hole- WP	12 Valentine Tree Paper Craft-DS	13 Devotion	14 Hearts-LB	15 Puzzles	16 Saturday Daybreak at Departure Drive
B	Health Day- All	Table Games- All	Basketball-SS	Valentine Bags-JB	B.I.N.G.O	
A	18 Wii Game-LB	19 Pet Collage-JB	20 Devotion	21 Table Pong-WP	22 Health Talk-JK	23 Saturday Daybreak at Bond Park
B	Board Games- All	B.I.N.G.O	Jeopardy-All	Memory Games-DS	Library Day- All	
A	25 B.I.N.G.O	26 Strawberry Day-JB	27 Devotion	28 Karaoke-DS		2 Saturday Daybreak at Departure Drive
B	Outburst	Arts and Crafts-All	Ladder Ball-LB	Movie Celebration		

DAILY SCHEDULE

8:00-9:30 Breakfast
 9:00-9:30 Current Events
 9:30-10:00 Morning Exercise
 10:00-11:00 See Calendar **(A)**
 11:00-11:30 The Price Is Right
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar **(B)**
 2:00-2:15 Afternoon Exercise
 2:15-2:30 Snack
 2:30-3:00 Trivia
 3:00-4:00 Let's Make A Deal
 4:00-6:00 Social Time

