

# EAST WAKE TOTAL LIFE CENTER

## January

Theme:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A	<b>CLOSED for NEW YEARS' HOLIDAY</b>	Participants Council	Devotion	Dee Activity	Bingo - All	Saturday Daybreak at Departure Drive
B		New Years Resolution - JB	Sock War - WP	Family Feud - All	Table Roll - KP	
C		Music Choice	Music Choice	Music Choice	Music Choice	
A	8	9	10	11	12	Saturday Daybreak at Bond Park
B	Health Talk - JK	Scavenger Hunt - JB	Devotion	Winter Gloves - Seedy	MLK art - KP	
C	Talking Tango - All	Corn Hole - WP	Wii - LB	Library Day - All	I have a Dream - TH	
A	15	16	17	18	19	Saturday Daybreak at Departure Drive
B	<b>CLOSED for MLK Jr. DAY</b>	Family Feud - JB	Devotion	Hat Day - TH	Bingo - All	
C		Ping Pong - LB	Musical Ball - TH	Free Arts - Seedy	Making Snow - WP	
		Music Choice	Music Choice	Music Choice	Music Choice	
A	22	23	24	25	26	Saturday Daybreak at Bond Park
B	Dee Activity	Name that Tune - All	Devotion	Winter Tree - Seedy	Bingo - All	
C	Table Game - KP	I Spy - LB	Tic tac toe - JB	Black and White - All	Library Day - All	
A	29	30	31	1	2	Saturday Daybreak at Departure Drive
B	Health Talk - JK	Karaoke - DS	Devotion			
C	Board Game - Seedy	Basketball - LB	Birthday Celebration			
	Music Choice	Music Choice	Music Choice			

### DAILY SCHEDULE

8:00-9:30 Breakfast  
 9:00-9:30 Current Events  
 9:30-10:00 Morning Exercise  
 10:00-11:00 See Calendar **(A)**  
 11:00-11:30 The Price Is Right  
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar **(B)**  
 2:00-2:15 Afternoon Exercise  
 2:15-2:30 Snack  
 2:30-3:00 Trivia  
 3:00-4:00 Let's Make A Deal  
 4:00-6:00 Social Time

