

EAST WAKE TOTAL LIFE CENTER

January

Theme:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A	30	31	1	2	3	4
B			CLOSED for NEW YEARS' HOLIDAY	Participants Council New Year Resolution SS	BINGO Library Day - All	Saturday Daybreak at Departure Drive
A	6	7	8	9	10	11
B	Ring Toxx - LB Animal Day - TB	Baking with DS Bojangle Roll - CB	Devotion - All Creative Painting JB	Health Talk - JK Basketball - SS	BINGO Library Day - All	Saturday Daybreak at Bond Park
A	13	14	15	16	17	18
B	On the Road - All Free Choice - All	Bird Coloring - SS Musical Ball - All	Devotion - All Puzzles - All	Table Games - CB MLK Activity - All	BINGO Library Day - All	Saturday Daybreak at Departure Drive
A	20	21	22	23	24	25
B	CLOSED for MLK Jr. DAY	Holiday Trivia - JB MLK Doc - LB	Devotion - All Beam Project - SS	Health Talk - JK Jeopardy - All	BINGO Library Day - All	Saturday Daybreak at Bond Park
A	27	28	29	30	31	1
B	High and Low - LB President Day Craft - All	Ceramics (P.1) Ceramics (P.2)	Devotion - All Visual Arts - CB	BINGO Library Day - All	Karaoke - DS Movie and B'Day Celebration	Saturday Daybreak at Departure Drive

DAILY SCHEDULE

8:00-9:30 Breakfast
 9:00-9:30 Current Events
 9:30-10:00 Morning Exercise
 10:00-11:00 See Calendar **(A)**
 11:00-11:30 The Price Is Right
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar **(B)**
 2:00-2:15 Afternoon Exercise
 2:15-2:30 Snack
 2:30-3:00 Trivia
 3:00-4:00 Let's Make A Deal
 4:00-6:00 Social Time

