

EAST WAKE TOTAL LIFE CENTER

March 2019

<i>March 2019</i>						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	25	26	27	28	1	2
A					Participants Council - DS	Saturday Daybreak at Departure Drive
B					Free Choice - All	
	4	5	6	7	8	9
A	Table Game - WP	Farm Animal Coloring - SS	Devotion	Health Talk - JK	B I N G O	Saturday Daybreak at Bond Park
B	Ladder Ball - LB	Corn Hole - CB	Yoga - JB	On the Road - All	Library Day - All	
	11	12	13	14	15	16
A	Dessert Day - JB	Jeopardy - All	Devotion	B I N G O	St. Patrick Day Cards - CB	Saturday Daybreak at Departure Drive
B	This was the Year - DS	Volley Ball - LB	Sock Wars - WP	Spring Activity - DS	St. Patrick Day Crafts - SS	
	18	19	20	21	22	23
A	Four Leaf Clovers - CB	Baking - DS	Devotion	Spring Collage - JB	CLOSED	Saturday Daybreak at Bond Park
B	Name that Tune - All	Free Art - SS	Basketball - LB	Table Pong - WP	STAFF TRAINING DAY	
	25	26	27	28	29	30
A	Matching Game - WP	Scavenger Hunt - JB	Devotion	B I N G O	Karaoke -DS	Saturday Daybreak at Departure Drive
B	Health Facts - All	Target Shooting - CB	Board Games - SS	Health Talk - JK	End of the Month Movie and Birthday Celebration - All	
DAILY SCHEDULE						
	8:00-9:30	Breakfast		1:15-2:00	See Calendar (B)	
	9:00-9:30	Current Events		2:00-2:15	Afternoon Exercise	
	9:30-10:00	Morning Exercise		2:15-2:30	Snack	
	10:00-11:00	See Calendar (A)		2:30-3:00	Trivia	
	11:00-11:30	The Price Is Right		3:00-4:00	Let's Make A Deal	
	11:30-1:15	Lunch & Relaxation		4:00-6:00	Social Time	

