

EAST WAKE TOTAL LIFE CENTER

October

Theme:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A	1 Participants Council	2 High Low Game - LB	3 Devotion	4 Free Art - JB	5 BINGO	6 Saturday Daybreak at Bond Park
B	Lets Make A Deal -All	Animal Day - All	Corn Hole - WP	Board Game - SS	Library Day - All	
A	8 This was the year - LB	9 Health Talk - JK	10 Devotion	11 Nature Walk - All	12 Name that Tune - All	13 Saturday Daybreak at Departure Drive
B	Fall Collage - All	Tic-Tac-Toe - DS	Guess Who - JB	Table Game - WP	Charades - All	
A	15 Scavenger Hunt - JB	16 Dice Game - LB	17 Devotion	18 Cooking with - DS	19 BINGO	20 Saturday Daybreak at Bond Park
B	Out Burst - All	Musical Chair - SS	Volley Ball - All	Wii Game - LB	Library Day - All	
A	22 Jewelry Making - WP	23 Nature Walk - All	24 Devotion	25 Health Talk - JK	26 Pumpkin Curving - DS	27 Saturday Daybreak at Departure Drive
B	On the Road - All	Free Painting - SS	Basketball - LB	Yoga - All	Sock Wars - WP	
A	29 BINGO	30 Halloween Goodie Bags - JB	31 Devotion	1 1	2 2	3 3
B	Halloween Coloring Activity - SS	Karaoke - DS	Birthday Celebration Movie Day			

DAILY SCHEDULE

8:00-9:30 Breakfast
 9:00-9:30 Current Events
 9:30-10:00 Morning Exercise
 10:00-11:00 See Calendar **(A)**
 11:00-11:30 The Price Is Right
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar **(B)**
 2:00-2:15 Afternoon Exercise
 2:15-2:30 Snack
 2:30-3:00 Trivia
 3:00-4:00 Let's Make A Deal
 4:00-6:00 Social Time

