

EAST WAKE TOTAL LIFE CENTER

October 2019

Theme:

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SDB |
|---|-----------------------|--------------------------|------------------------------|------------------------------------|----------------------|--------------------------------------|
| | | 1 | 2 | 3 | 4 | 5 |
| A | | Participant Countil - DS | Devotion | High and Low -LB | BINGO | Saturday Daybreak at Bond Park |
| B | | Fall Hangman - CB | Animal Coloring - SS | Ooutside Trivia - All | Library - All | |
| | | | | | | |
| | 7 | 8 | 9 | 10 | 11 | 12 |
| A | Fall Dessert - DS | Judy's Craft - JB | Devotion | Autumn Leaf Painting - CB | BINGO | Saturday Daybreak at Departure Drive |
| B | Health Talk - JK | Basketball - SS | Bojangles Roll - LB | Corn Holder - All | Library - All | |
| | | | | | | |
| | 14 | 15 | 16 | 17 | 18 | 19 |
| A | BINGO | Fall Scavenger Hunt - DS | Devotion | Fall Picture Frame - SS | Staff Training Day | Saturday Daybreak at Bond Park |
| B | Free Art - JB | Visual Art - CB | Pumpkin Puzzle -DS | Jack -O-Lantern - TB | CENTER CLOSED | |
| | | | | | | |
| | 21 | 22 | 23 | 24 | 25 | 26 |
| A | Pumpkin Face - LB | Free Choice - SS | Devotion | Health Talk - JK | BINGO | Saturday Daybreak at Departure Drive |
| B | Scare Crow Craft - DS | Musical Ball - All | Tic-Tac-Toe - CB | Halloween Craft - JB | Library - All | |
| | | | | | | |
| | 28 | 29 | 30 | 31 | 1 | 2 |
| A | Judy's Craft - JB | This was the Year - All | Devotion | Karaoke - DS | | Saturday Daybreak at Bond Park |
| B | Ladder Ball - LB | Judy's Art - JB | Halloween Popcorn Craft - TB | Birthday Celebration and Movie Day | | |

DAILY SCHEDULE

| | | | |
|-------------|-------------------------|-----------|-------------------------|
| 8:00-9:30 | Breakfast | 1:15-2:00 | See Calendar (B) |
| 9:00-9:30 | Current Events | 2:00-2:15 | Afternoon Exercise |
| 9:30-10:00 | Morning Exercise | 2:15-2:30 | Snack |
| 10:00-11:00 | See Calendar (A) | 2:30-3:00 | Trivia |
| 11:00-11:30 | The Price Is Right | 3:00-4:00 | Let's Make A Deal |
| 11:30-1:15 | Lunch & Relaxation | 4:00-6:00 | Social Time |

