

# EAST WAKE TOTAL LIFE CENTER

## *September*

Theme:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	2	3	4	5	6	7
A	<b>CENTER CLOSED</b>	Participants Activity - DS	Devotion	High and Low - LB	BINGO	Saturday Daybreak at Bond Park
B		Labor Day Activity - All	Table Games - CB	Pineapple Craft - SS	Library Day	
	9	10	11	12	13	14
A	Ceramics - DS	Pet Day - JB	Devotion	On the Road - CB	BINGO	Saturday Daybreak at Departure Drive
B	Ceramics (part 2)- All	Health Talk - JK	Basketball - SS	Price is Right - LB	Library Day	
	16	17	18	19	20	21
A	Expressive Art - SS	Handprint + Wreath - LB	Devotion	Baking w/DS	BINGO	Saturday Daybreak at Bond Park
B	Outside Trivia - All	Maple Leaf Craft - CB	Musical Ball - All	Autumn Collage - JB	Library Day	
	23	24	25	26	27	28
A	End of the Summer Celebration - All	Wii Game - LB	Devotion	Summer Coloring - SS	BINGO	Saturday Daybreak at Departure Drive
B	Summer Celebration - All	Health Talk - JK	Free Art JB	Family Feud - CB	Library Day	
	30	1	2	3	4	5
A	Karaoke - DS					Saturday Daybreak at Bond Park
B	Birthday Celebration and Movie Day					

### DAILY SCHEDULE

8:00-9:30	Breakfast	1:15-2:00	See Calendar <b>(B)</b>
9:00-9:30	Current Events	2:00-2:15	Afternoon Exercise
9:30-10:00	Morning Exercise	2:15-2:30	Snack
10:00-11:00	See Calendar <b>(A)</b>	2:30-3:00	Trivia
11:00-11:30	The Price Is Right	3:00-4:00	Let's Make A Deal
11:30-1:15	Lunch & Relaxation	4:00-6:00	Social Time

