

1-Jul	2-Jul	3-Jul	4-Jul	5-Jul
Meatloaf onion gravy O'Brien Potatoes Creamed Spinach Dinner Roll Orange Grape Juice Milk 2% 1-Jul 29-Jul 26-Aug 23-Sep	Sweet and Sour Chic Ginger Carrot Coins Brown Rice Wheat Bread Banana Milk 2% Fortune Cookie 2-Jul 30-Jul 27-Aug 24-Sep	Smoked Sausage Peach Crisp Coleslaw Brussels Sprouts Hotdog Bun Milk 2% Mustard Packet 3-Jul 31-Jul 28-Aug 25-Sep	Chicken Leg Zucchini, frozen Org Swt Potatoes Fresh Fruit Wheat Roll Milk 2% 4-Jul 1-Aug 29-Aug 26-Sep	Pollock Cherry Cobbler Lentils with Spinach Cranberry Juice Tartar Sauce Wheat Bread Milk 2% 5-Jul 2-Aug 30-Aug 27-Sep
8-Jul BBQ Riblet Mashed Potatoes Green Beans wpepperS Bun, Hamburger Cranberry Juice Apple Milk 2% 8-Jul 5-Aug 2-Sep	9-Jul Chicken Parmesan Seas Parslied Noodle Mixed Vegetables Banana Wheat Bread Apple Juice Milk 2% 9-Jul 6-Aug 3-Sep	10-Jul Brunswick Stew Brown Rice Broccoli & Cauliflwr Fresh Fruit Wheat Roll Grape Juice Milk 2% 10-Jul 7-Aug 4-Sep	11-Jul Salisbury Steak Brown Gravy Scalloped Potatoes Capri Vegetables Fresh Fruit Texas Toast Milk 2% 11-Jul 8-Aug 5-Sep	12-Jul Chicken Leg Italian Spice Green Beans Sweet Potatoes Banana Dinner Roll Orange Juice 4 Oz Milk 2% 12-Jul 9-Aug 6-Sep
15-Jul Lasagna Casserole Peas and Mushrooms Creamed Spinach Orange Wheat Bread Grape Juice Milk 2% 15-Jul 12-Aug 9-Sep	16-Jul BBQ Pork on Bun BBQ Beans Turnip Greens Banana Vinegar Milk 2% 16-Jul 13-Aug 10-Sep	17-Jul Beef & Broccoli Ginger Carrot Coins Oriental Veggies Sourdough Bread Fortune Cookie/Apple Orange Juice 4 Oz Milk 2% 17-Jul 14-Aug 11-Sep	18-Jul Crab Cake, Cocktail Sauce Mashed Potatoes Sugar Snap Peas Banana Wheat Bread Lemon Pudding Milk 2% 18-Jul 15-Aug 12-Sep	19-Jul Chicken & Dumplings Lima Beans Turnip Greens Wheat Bread Orange Milk 2% Pineapple Juice, 4 19-Jul 16-Aug 13-Sep
22-Jul Roasted Pork Gravy Broccoli & Carrots Beets Texas Toast Banana Apple Juice Milk 2% 22-Jul 19-Aug 16-Sep	23-Jul Beef Pot Pie Zucchini, frozen Brown Rice Dinner Roll Orange Milk 2% 23-Jul 20-Aug 17-Sep	24-Jul Spaghetti, Meat Sauce Apple Crisp Italian Vegetables Italian Bread Fresh Fruit Milk 2% 24-Jul 21-Aug 18-Sep	25-Jul BBQ Chicken Zucchini & Onions Navy Beans, dried Orange Wheat Roll Cranberry Juice Milk 2% 25-Jul 22-Aug 19-Sep	26-Jul Hamburger with Bun Corn Spinach Lettuce, Tomato Banana Mustard Packet Milk 2% 26-Jul 23-Aug 20-Sep



Katherine Andrew

Reviewed by



Kristen Jackson

TJARA
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