

GARNER TOTAL LIFE CENTER

August

Theme: Traveling Around the World

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	30	31	1	2	3	4
A			Passports	Personal Piñata	Sushi Craft	Saturday Daybreak at Departure Drive
B			Devotion	Walking Tacos	Hand fans/ Lanterns	
C			Outburst	UNO MEXICO	Puzzles JAPAN	
	6	7	8	9	10	11
A	Necklaces	Koala Bears	Drums	Name Game	World Flags	Saturday Daybreak at Bond Park
B	Rain Sticks	Frisbee Toss	Devotion	Ring The Bottle	City Challenge	
C	Table games AFRICA	Word Search AUSTRALIA	Pictureka! CHINA	Trivia YANKEE-SOUTHERN	Magazine Hunt IRELAND	
	13	14	15	16	17	18
A	Henna Hands	Spaghetti craft	Hockey Puck contest	Pyramids	Head Leaf	Saturday Daybreak at Departure Drive
B	Dance Fest	Laura Talk	Devotion	Participant Council	Horseshoes	
C	Golf INDIA	Bean Bag Toss ITALY	Skip-Bo CANADA	BINGO EGYPT	5 Seconds GREECE	
	20	21	22	23	24	25
A	Tee Pee	The Eiffel Tower	Guard Craft	Totem Pole	Punch/ lei	Saturday Daybreak at Bond Park
B	Head Dress	Cheese w/ Wine	Devotion	World Trivia	Hula Dance	
C	Outburst INDIANS	Beach BINGO FRANCE	High Low LONDON	Health Talk COLUMBIA	Catch up HAWAII	
	27	28	29	30	31	1
A	Tastes of Dips	Apple Pie Craft	Soccer	Salima Talk	Movie-National Lampoons vacation	
B	Matadors	Baseball	Devotion	Pineapple Pinecones	Passport Party	
C	Magazine Search SPAIN	Trivia USA	Find It BRAZIL	UNO CARRIBEAN	Word Search ICELAND	

DAILY SCHEDULE

7:00-9:30 Breakfast
 9:30-10:00 Current Events
 10:00-10:30 Exercise
 10:30-10:45 Morning Meditation
 10:45-11:30 See Calendar (A)
 11:30-11:45 Brain Fitness
 12:00-1:00 Lunch

1:00-2:00 Individual Activities
 2:00-2:30 See Calendar (B)
 2:30-3:00 Exercise
 3:00-3:30 Snack
 3:30-4:00 See Calendar (C)
 4:00-6:00 Social Time/Games

