

GARNER TOTAL LIFE CENTER

December

Theme: Lights, Camera, Action

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A	Christmas Tree ornaments ³	Gingerbread men w/PS ⁴	Candy Cane Ornaments w/PM ⁵	Art Project 10:30-11:30 ⁶	Decorate the tree ⁷	Saturday Daybreak at Departure Drive
B	Candy Cane search	Puzzle Ornaments	Devotion	Christmas Pictures w/PE	High Low	
C	Health Talk	Puzzles	I Spy	Popsicle ornaments UNO	Outburst	
A	Wooden Santa ¹⁰	Deer Hunt ¹¹	Saran Wrap ball w/PM ¹²	Art Project 10:30-11:30 ¹³	Santa Find w/PS ¹⁴	Saturday Daybreak at Bond Park
B	Christmas Sing a lona	Paper Tree	Devotion	Christmas Wreath w/PE	Christmas pretzels	
C	Twister Toss	Ladder ball	Find it	Can Jam Pictureka!	Trivia	
A	Snowman Slam ¹⁷	Christmas BINGO w/PS ¹⁸	Gingerbread house pictures w/PM ¹⁹	Art Project 10:30-11:30 ²⁰	Gingerbread Houses ²¹	Saturday Daybreak at Departure Drive
B	Stocking Search	Paper Santa	Devotion	Reindeer w/PE	Pin on the carrot	
C	UNO	Skip-Bo	Magazine Search	Participant council Tic Tac Toe	Table Games	
A	²⁴	²⁵	²⁶	Art Project 10:30-11:30 ²⁷	Christmas Movies ²⁸	Saturday Daybreak at Bond Park
B	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	Wrap Craft	Melted Snowman	
C	CENTER CLOSED	CENTER CLOSED	CENTER CLOSED	Word Search Kickball	Magazine Hunt	
A	³¹	¹	²	³	⁴	⁵
B	Roll the Snowman	CENTER CLOSED				
C	Hot Coco Mugs					
	Anagrams					

DAILY SCHEDULE

7:00-9:30 Breakfast
 9:30-10:00 Current Events
 10:00-10:30 Exercise
 10:30-10:45 Morning Meditation
 10:45-11:30 See Calendar (A)
 11:30-11:45 Brain Fitness
 12:00-1:00 Lunch

1:00-2:00 Individual Activities
 2:00-2:30 See Calendar (B)
 2:30-3:00 Exercise
 3:00-3:30 Snack
 3:30-4:00 See Calendar (C)
 4:00-6:00 Social Time/Games

