

# GARNER TOTAL LIFE CENTER

## February

Theme: It's A Love Thing!!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	28	29	30	31	1	2
A					Groundhog's	Saturday Daybreak at Departure Drive
B					Super bowl Fun	
C					Puzzles	
	4	5	6	7	8	9
A	Heart People	Cheerio Hearts w/PS	Angry Birds w/PM	Vitals	Cupcake Craft	Saturday Daybreak at Bond Park
B	Inventors	BINGO	Devotion	Silly Hearts	Pin Drop	
C	UNO	Magazine Hunt	Pictureka!	Word Search	Twister Board	
	11	12	13	14	15	16
A	History Coloring Pages	Valentine Confetti	Love Monsters w/PM	Love to Pieces w/PE	"Bee" Mine w/PS	Saturday Daybreak at Departure Drive
B	Love Birds	Necklaces	Devotion	Valentine's Party	NASCAR Race Fun	
C	I Spy	Anagrams	Ladder Ball	Participant Council	Tic Tac Toe	
	18	19	20	21	22	23
A	Love Dog	Bird BINGO w/PS	Kickball w/PM	Bowling w/PE	Love Bug	Saturday Daybreak at Bond Park
B	Stoplight/ Buses	High Low	Devotion	Monster Teeth	Heart Drop	
C	Find it	Skip Bo	Trivia	Magazine Search	Health Talk	
	25	26	27	28	1	2
A	Flag Search	Log Cabins w/ C.G.	Shoot the Heart w/PM	BINGO w/PE		Saturday Daybreak at Departure Drive
B	I have a Dream	Beach BINGO	Devotion	Pokeno!		
C	Puzzles	Basketball	Twister Toss	High Low		

### DAILY SCHEDULE

7:00-9:30 Breakfast  
 9:30-10:00 Current Events  
 10:00-10:30 Exercise  
 10:30-10:45 Morning Meditation  
 10:45-11:30 See Calendar (A)  
 11:30-11:45 Brain Fitness  
 12:00-1:00 Lunch

1:00-2:00 Individual Activities  
 2:00-2:30 See Calendar (B)  
 2:30-3:00 Exercise  
 3:00-3:30 Snack  
 3:30-4:00 See Calendar (C)  
 4:00-6:00 Social Time/Games

