

# GARNER TOTAL LIFE CENTER

## June

Theme: **Summer is Coming, Let's Have Some Fun!!**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	3	4	5	6	7	8
A	Magazine Collage	Bucket Toss w/PS	Music Trivia	Ladder Ball w/PS	Smoothies	Saturday Daybreak at Bond Park
B	Tasting	BINGO	Participant Choice/Devotion	Angry Birds	Sequence	
C	Hangman	Outburst	UNO	Skip Bo	Puzzles	
	10	11	12	13	14	15
A	ABC List	Marble Roll w/PS	Table Games	Pizza Plates w/PS	Flag Day Fun	Saturday Daybreak at Departure Drive
B	Bookmarks	Sunshine	Participant Choice/Devotion	Pokeno!	Father's Day Craft	
C	Magazine Hunt	Trivia	Anagrams	Tic Tac Toe	High Low	
	17	18	19	20	21	22
A	FVUM Chime Group	Duck Pluck w/PS	Parrots	Camping Fun w/PS	Ice Cream in a Bag	Saturday Daybreak at Bond Park
B	Frogs	Seahorses	Participant Choice/Devotion	Baseball Fun/Food	Hot Air Balloons	
C	Jug Pull	Magazine Search	Health Talk	Ladder Ball	Angry Birds	
	24	25	26	27	28	29
A	Lady Bugs	BINGO w/PS	Beach Match	Popsicle Craft w/PS	Movie	Saturday Daybreak at Departure Drive
B	Participant Council	Summer Pics	Participant Choice/Devotion	High Low	Sharks	
C	UNO	Hangman	Puzzles	Trivia	Tic Tac Toe	
	1	2	3	4	5	6
A						Saturday Daybreak at Bond Park
B						
C						

### DAILY SCHEDULE

7:00-9:30 Breakfast  
 9:30-10:00 Current Events  
 10:00-10:30 Exercise  
 10:30-10:45 Morning Meditation  
 10:45-11:30 See Calendar **(A)**  
 11:30-11:45 Brain Fitness  
 12:00-1:00 Lunch

1:00-2:00 Individual Activities  
 2:00-2:30 See Calendar **(B)**  
 2:30-3:00 Exercise  
 3:00-3:30 Snack  
 3:30-4:00 See Calendar **(C)**  
 4:00-6:00 Social Time/Games

