

GARNER TOTAL LIFE CENTER

March

Theme: **Going GREEN**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	25	26	27	28	1	2
A					Thing 1 & 2 w/PS	Saturday Daybreak at Departure Drive
B					Outburst	
C					UNO	
	4	5	6	7	8	9
A	List of Colors	BINGO w/PS	Clown Toss w/PM	Clover Toss w/PE	Pot of Gold	Saturday Daybreak at Bond Park
B	Shamrocks	Mardi Gras Games	Devotion	Sequence	Pokeno!	
C	Puzzles	Pictureka!	Word Search	I Spy	Magazine Search	
	11	12	13	14	15	16
A	Leprechaun Faces	Chemistry Demo	Shamrock Men w/PM	Rainbows w/PE	St. Patty Pictures w/PS	Saturday Daybreak at Departure Drive
B	List of Greens	High Low	Devotion	Participant Council	Leprechaun Popcorn	
C	Anagrams	Trivia	Tic Tac Toe	UNO	Puzzles	
	SOCK DAY	MISMATCH DAY	HAT DAY	SPORTS DAY	PJ DAY	
	18	19	20	21	22	23
A	Turtle's	Duck Pin Bowling w/PS	Jug Pull w/PM	Angry Birds w/PE	CLOSED FOR STAFF TRAINING	Saturday Daybreak at Bond Park
B	March Madness	Beach BINGO	Devotion	Line Dancers		
C	Find it	Health Talk	Puzzles	Table Games		
	25	26	27	28	29	30
A	Anagrams	Kites	Ladder Ball w/PM	Basketball w/PE	Parachute w/PS	Saturday Daybreak at Departure Drive
B	Find The Item	Bird Nest	Devotion	BINGO	Sequence	
C	Twister Toss	Magazine Hunt	Skip Bo	UNO	High Low	

DAILY SCHEDULE

7:00-9:30 Breakfast
 9:30-10:00 Current Events
 10:00-10:30 Exercise
 10:30-10:45 Morning Meditation
 10:45-11:30 See Calendar **(A)**
 11:30-11:45 Brain Fitness
 12:00-1:00 Lunch

1:00-2:00 Individual Activities
 2:00-2:30 See Calendar **(B)**
 2:30-3:00 Exercise
 3:00-3:30 Snack
 3:30-4:00 See Calendar **(C)**
 4:00-6:00 Social Time/Games

