

GARNER TOTAL LIFE CENTER

May

Theme: **From Showers to Flowers**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	29	30	1	2	3	4
A			Musical Chairs w/PM	Flower Collage w/PE	Ring the Bottle w/PS	Saturday Daybreak at Bond Park
B			Devotion	Find the Item	Sequence	
C			Puzzles	UNO	Word Search	
	6	7	8	9	10	11
A	Taco Craft	Sombrero w/PS	Vitals	Parachute w/PE	Puzzles	Saturday Daybreak at Departure Drive
B	Pick a Number	BINGO	Devotion	Horseshoes	Mother's Day Craft	
C	Hangman	Tic Tac Toe	High Low	Table Games	Ladder Ball	
	13	14	15	16	17	18
A	Kool Whip w/Fruit	Lemonade Craft	Kickball w/PM	Butterflies w/PE	Sunflowers w/PS	Saturday Daybreak at Bond Park
B	Can Jam	Pokeno	Devotion	Participant Council	Angry Birds	
C	Anagrams	Trivia	Outburst	Magazine Hunt	Jug Pull	
	20	21	22	23	24	25
A	Q-Tip Daisy	Corn Hole	Watermelon Craft	Duck Pluck	Star Wreath	Saturday Daybreak at Departure Drive
B	I Spy	Sun Rainbows	Devotion	Sequence	Ice Cream Party	
C	Pictureka!	Skip Bo	Twister Toss	Health Talk	Puzzles	
	27	28	29	30	31	1
A	CLOSED for MEMORIAL DAY	Flag Craft	Bracelets	Jelly Fish	Beach Pictures	Saturday Daybreak at Bond Park
B		Beach BINGO	Devotion	High Low	MOVIE	
C		UNO	Table Games	Outburst	Hangman	

DAILY SCHEDULE

7:00-9:30 Breakfast
 9:30-10:00 Current Events
 10:00-10:30 Exercise
 10:30-10:45 Morning Meditation
 10:45-11:30 See Calendar **(A)**
 11:30-11:45 Brain Fitness
 12:00-1:00 Lunch

1:00-2:00 Individual Activities
 2:00-2:30 See Calendar **(B)**
 2:30-3:00 Exercise
 3:00-3:30 Snack
 3:30-4:00 See Calendar **(C)**
 4:00-6:00 Social Time/Games

