

GARNER TOTAL LIFE CENTER

November

Theme: **Gratitude is Our Attitude**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	2	3	4	5	6	7
A	Thankful List	VOTE Pages	Thankful Leaves	Cornucopia colors	Thanks Anagrams	
B	Color Lines	Turkey Shoot	Corn Numbers	Big Eye Pumpkin	Turkey Feathers	
C	Catch Up	Trivia	Make words w/ Name	Brain Teasers	5 Sec Rule	
	9	10	11	12	13	14
A	Turkey Cones	Beach BINGO	CENTER CLOSED	Thankful Pie	Participant Council	
B	Thankful Scattegories	Color By Number		Pot Belly Turkey	Ellen's Turkey Legs	
C	Outburst	Health Talk		Apple to Apples	Family Feud	
	16	17	18	19	20	21
A	Pumpkin Toss	Pumpkin Pie Craft	Box Roll	Indians	Fall Cornucopia	
B	Turkey Head Bands	Word Search	Thanksgiving Placemats	BINGO	Dream Catcher	
C	Jokes	I Spy	Smart Mouth	Name The Color	Spool Grab	
	23	24	25	26	27	28
A	Tic Tac Toe	Thankful Turkeys	Roll-A-Turkey	CENTER CLOSED	CENTER CLOSED	
B	Turkey Hands	Gratitude Scavenger Hunt	Pilgrims			
C	20 Questions	Pictionary	Question Ball			
	30	1	2	3	4	5
A	Turkey Plates					
B	MOVIE					
C	Trivia					

DAILY SCHEDULE

7:00-8:00 Welcome
 8:00-9:30 Breakfast
 9:30-10:00 Social Time/ News
 10:00-10:30 Current Events
 10:30-11:00 Exercise
 11:00-11:45 See Calendar **(A)**
 11:45-12:00 Brain Fitness

12:00-1:00 Lunch
 1:00-2:00 Relaxation/Individual Time
 2:00-2:30 Exercise
 2:30-3:00 See Calendar **(B)**
 3:00-3:30 Snack
 3:30-4:00 See Calendar **(C)**
 4:00-6:00 Social Time/News/Games

