

GARNER TOTAL LIFE CENTER

October

Theme: Get Pumped for Pumpkins

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
				1	2	3
A				Pictureka!	Sequence	
B				Pumpkin Lanterns	Candy Corn	
C				Catch Up	5 Second Rule	
	5	6	7	8	9	10
A	Beach Bingo	Witches Hat Toss	Fall Word Search	High Low	Hangman	
B	Spooky Ring Toss	Pumpkin Faces	Horseshoes	Mummy	Fall Tree Craft	
C	Family Feud	Angry Bird	The Planning Book	Jokes	20 Question	
	12	13	14	15	16	17
A	BINGO	Lion Plate	Can Jam	Indian Corn Craft	Anagrams	
B	Owl Witch	Fall Collage	Pumpkin Patch	Pumpkin Rings	Cat Basket	
C	Ring The Bottle	Brainteaser	Trivia	Word Search	Health Talk	
	19	20	21	22	23	24
A	Pumpkin Golf	Pumpkin Toss	Melted Witch	BINGO	Fall Placemats	
B	Frankenstein	Candy Corn Flowers	Participant Council	Puffy Ghost	Hedgehog	
C	Tic Tac Toe	Pumpkin Grab	Sequence	Trivia	Scattergories	
	26	27	28	29	30	31
A	Monster Mash	Pumpkin Faces	Scarecrow	Monster Hands	Haunted Houses	
B	Harvest Mix	Candy Corn Men	Frankenstein Roll	Pumpkin Decorate	MOVIE	
C	I Spy	Pictionary	Spool Grab	Name that Color	MOVIE	

DAILY SCHEDULE

7:00-8:00 Welcome
 8:00-9:30 Breakfast
 9:30-10:00 Social Time/ News
 10:00-10:30 Current Events
 10:30-11:00 Exercise
 11:00-11:45 See Calendar **(A)**
 11:45-12:00 Brain Fitness

12:00-1:00 Lunch
 1:00-2:00 Relaxation/Individual Time
 2:00-2:30 Exercise
 2:30-3:00 See Calendar **(B)**
 3:00-3:30 Snack
 3:30-4:00 See Calendar **(C)**
 4:00-6:00 Social Time/News/Games

