

GARNER TOTAL LIFE CENTER

September

Theme: Fall Is A Treat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	31	1	2	3	4	5
A		Hangman	Apple Cores	Bullseye	Torn Stars	
B		Leaf Collage	Ring The Bottle	Snail Plates	Labor Day pictures	
C		The planning Book	Color Ball Pick	Brain Teasers	Trivia	
	7	8	9	10	11	12
A	CENTER CLOSED	Flag Hearts	BINGO	Patriotic Lanterns	Magazine Art	
B		Spool Grab	Caterpillar	Twister Toss	Color Lines	
C		Scattergories	Anagrams	Catch Up	Outburst	
	14	15	16	17	18	19
A	Guess The Object	Tic Tac Toe	Fireflies	Fall Collage	High Low	
B	Footballs	Musical Wheel of Fortune	Participant Council	Word Search	Horseshoes	
C	20 Questions	Trivia	Family Feud	5 Second Rule	Name That Color	
	21	22	23	24	25	26
A	What's Missing?	Leaf Wreath	Price is Right Game	Puzzle Tree	Frisbee Toss	
B	Fall Bracelets	Can Jam	Basketball	BINGO	Free Draw	
C	Jokes	I Spy	Smart Mouth	Name The Color	Spool Grab	
	28	29	30	1	2	3
A	Pictionary	Corn On The Cob	MOVIE			
B	Health Talk	Horseshoes	Tic Tac Toe			
C	Angry Birds	Catch Up	I Spy			

DAILY SCHEDULE

7:00-8:00 Welcome
 8:00-9:30 Breakfast
 9:30-10:00 Social Time/ News
 10:00-10:30 Current Events
 10:30-11:00 Exercise
 11:00-11:45 See Calendar **(A)**
 11:45-12:00 Brain Fitness

12:00-1:00 Lunch
 1:00-2:00 Relaxation/Individual Time
 2:00-2:30 Exercise
 2:30-3:00 See Calendar **(B)**
 3:00-3:30 Snack
 3:30-4:00 See Calendar **(C)**
 4:00-6:00 Social Time/News/Games

